

**First Church of God**

**August 04, 2013**

**Sermon Notes**

**Pastor Robert G. White**

**"Let Sex Be Sacred"**

**Exodus 20:14**

**INTRODUCTION**

**Exodus 20:14**

*"You shall not commit adultery"*

**I. Improper Sexual Relationships:**

1. Marital **Infidelity.**

**Deuteronomy 22:22**, "If a man is found lying with a woman married to a husband, then both of them shall die; the man that lay with the woman, and the woman; so you shall put away the evil from Israel."

David and Bathsheba – II Samuel Chapter 11

Nathan rebukes David – II Samuel Chapter 12

**Matthew 5:31-32**, "Furthermore it has been said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that whoever divorces his wife for any reason except sexual immorality causes her to commit adultery; and whoever marries a woman who is divorced commits adultery."

2. **Pre-marital** sex.

**I Corinthians 6:13-20**, "Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body is not for sexual immorality but for the Lord, and the Lord for the body. And God both raised up the Lord and will also raise us up by His power. Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a harlot? Certainly not! Or do you not know that he who is joined to a harlot is one body with her? For 'the two,' He says, 'shall become one flesh.' But he who is joined to the Lord is one spirit with Him. Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."

3. **Homosexuality and Lesbianism.**

**Leviticus 18:22**, "You shall not lie with a male as with a woman. It is an abomination."

**Romans 1:24-28**,

<sup>24</sup>Therefore God gave them over in the sinful desires of their hearts to sexual impurity for the degrading of their bodies with one another. <sup>25</sup>They exchanged the

truth of God for a lie, and worshiped and served created things rather than the Creator – who is forever praised. Amen. <sup>26</sup>Because of this, God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. <sup>27</sup>In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion. <sup>28</sup>Furthermore, since they did not think it worthwhile to retain the knowledge of God, he gave them over to a depraved mind, to do what ought not to be done.

**II. Proper Sexual Relationships**

**Hebrew 13:4**,

"Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge."

**I Corinthians 7:1-3**

"Now for the matters you wrote about: It is good for a man not to marry. But since there is so much immorality, each man should have his own wife, and each woman her own husband. The husband should fulfill his marital duty to his wife and likewise the wife to her husband.

-Sex within marriage provides strength against **temptation.**

### III. Steps To A Good Marriage

1. Guard your **thought** life.

#### **Philippians 4:7-8**

<sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup>Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.

#### **Mark 7:21-22,**

“For from within, out of men’s hearts, come evil thoughts of lust, theft, murder, adultery, wanting what belongs to others, wickedness, deceit, lewdness, envy, slander, pride, and all other folly.”

We should **discipline** our thoughts to be pure, because **actions** begin with thoughts.

2. **Love** your spouse.

#### **Ephesians 5**

**Vs. 25** – “Husbands love your wives just as Christ loved the church and gave himself up for her.”

**Vs. 28** – “Husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

**Vs. 33** – “the wife must respect her husband.”

3. **Forgive** your spouse.

**Colossians 3:13-14**, “...bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do. But above all these things put on love, which is the bond of perfection.”

4. Ask **God** for help.

**Philippians 2:4-5**, “Let each of you look out not only for his own interests, but also for the interests of others. Let this mind be in you which was also in Christ Jesus.”

**Ephesians 5:22-23**, “Wives, submit to your own husbands, as to the Lord. For the husband is head of the wife, as also Christ is head of the church; and He is the Savior of the body.”

### CONCLUSION:

- *God has created sex to be a beautiful thing for husbands and wives in marriage.*
- *Sex outside of God’s guidelines is sin, even if our culture says it is acceptable and popular.*